



# Olive Leaf Extract

Immune & Metabolic Support

Numerous metabolic benefits of olive leaf extract have research support, including anti-obesity, anti-diabetic, and lipid-lowering effects. A recent meta-analysis of clinical trials on the effects of olive leaf extract on cardiovascular health revealed that it lowered total and LDL cholesterol as well as diastolic blood pressure.<sup>1</sup> Olive leaf extract has also been shown to be a regulator of cell growth.<sup>2</sup> Other uses include uses for reducing body fat, blood pressure, inflammation and more.<sup>3</sup>

Daily Olive Leaf Extract uses 500 mg of a 40% oleuropein extract per capsule thus providing 200 mg of oleuropein per capsule. A recent meta-analysis of 9 human clinical trials showed efficacy for cardiovascular benefits with doses of oleuropein ranging from 40 mg/d to 425 mg/d with an average dose of 130 mg/d. Some studies also listed amounts of hydroxytyrosol, but oleuropein was the main active ingredient. One capsule of Daily Olive leaf Extract provides more than the average amount used in the studies and 2 capsules provides almost as much as the highest dose used in the studies.<sup>1</sup>

### Description:

**Olive Leaf Extract: Oleuropein** is a powerful phenolic compound found in olives that has demonstrated benefits for immune support, cardiovascular health, blood sugar support, weight management and many other health benefits. **One capsule provides: 500 mg standardized Non GMO Olive Leaf Extract containing 200mg Oleuropein.** Each bottle contains 120 Vegetarian capsules.

Capsule Size:



Bottle: PET 175CC bottle with a 38 mm lid, an inner freshness seal, and an outer tamper evident band.

Supplement Facts	Amount Per Serving	% Daily Value
Serving Size: 1 Capsule		
Servings Per Container: 120		
<b>Olive Leaf Extract</b> <i>(Olea europaea)</i> (standardized to 40% oleuropein)	500 mg	*
<b>*Daily Value Not Established</b>		

Other Ingredients: Vegetarian capsules. May contain microcrystalline cellulose

Learn more here



Secrets of the Mediterranean Diet - Olive Leaf Extract



**Directions:** Take 1 capsule 2 times per day or as directed by your health care professional.

### Precautions:

Daily **Olive Leaf Extract** is a very safe product when used as directed. However, all supplements have the potential for allergic reactions and its use should be discontinued if adverse side effects occur.

### References

1. Razpmoosh E. et al. The effects olive leaf extract on cardiovascular risk factors in the general adult population: a systematic review and meta-analysis of randomized controlled trials. *Diabetes & Metabolic Syndrome* 2022; 14:151.
2. Rishmawi S et al. A Comprehensive Review on the Anti-Cancer Effects of Oleuropein. *Life (Basel)*. 2022 Jul 28;12 (8):1140
3. Medina E. et al. Characterization of bioactive compounds in commercial olive leaf extracts, and olive leaves and their infusions. *Food and Function* 2019; 10:4716

\*These statements have not been evaluated by the Food And Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Olive Leaf Extract

Immune & Metabolic Support

Daily Manufacturing, Inc. Pless Rd., Rockwell, NC 28138  
(800) 868-0700 www.dailymfg.com