

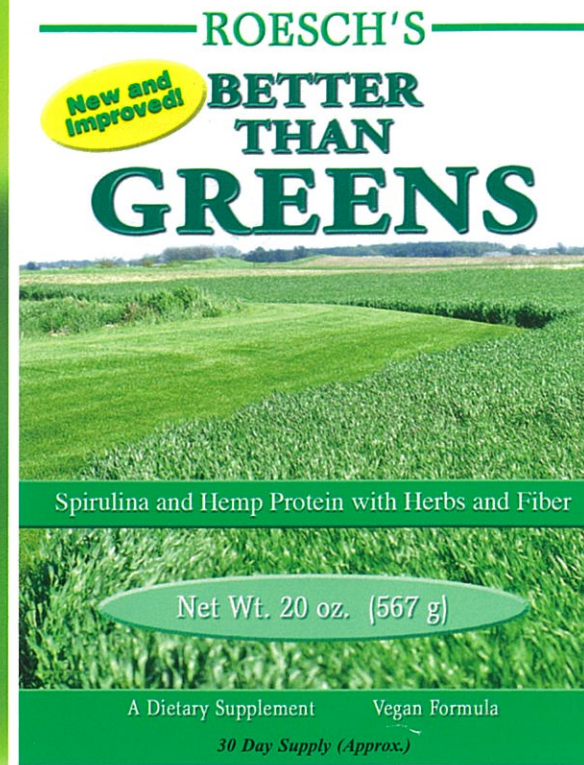
Better Than Greens is for EVERYONE! If you are healthy, it will help to keep you that way, and if you are ill, it can be a big factor in getting well. Energy is one of the first “side-effects” you will see and you will notice that your immune-system is stronger. If you do get sick, you’ll get better faster.

~ DIRECTIONS ~

The best way to take the BTG’s is mixing it in juice or in a SMOOTHIE. My husband has made it for us every day for 20 years, mixing it with ½ fruit juice and ½ soy or almond milk. A full serving is 3 tbsp. and we mix that with 8 oz. of fluid. You can mix it with anything cold, nothing hot, as heat destroys the enzymes. There are no negative side-effects of BTG’s. Just start slow, like with 1 tsp. a day and gradually build up to 3 tbsp. a day. (People who are very ill will take it twice a day.) The reason you start slow is so that it doesn’t detox you faster than you want to be detoxed. Detox symptoms include; diarrhea, pimples; feeling extra tired; headaches, etc.

Better Than Greens has helped many people with various problems. Here is a partial list of health issues that have improved by using Better Than Greens for some people:

- Allergies
- Anemia
- Arthritis & Joint Pain
- B-12 Deficiency
- Cancer ~ Various Kinds
- Constipation
- Eczema
- Fibromyalgia
- General Overall Feeling of Good Health
- Immune System
- Lack of Energy
- Liver Disease
- Lupus
- PMS
- Polycystic Ovary Disease
- Pregnancy & Infertility
- Seizures
- Sinus Problems
- Ulcerative Colitis
- Weight Loss



We'd like to introduce you to our **NEW Better Than Greens Formula!**

*Better Than Greens is one of the few supplements that **CLEANS & BUILDS** at the **SAME TIME**. Most products do one or the other but not both. BTG will detox your liver, your colon and your blood, while at the same time it is building your immune-system. It is impossible to be healthy without a strong immune-system. Building your immune-system is the best thing you can do to prevent sickness and premature death. If you take a few minutes and read about each of the ingredients in the BTG Formula, it will help you to understand why one product can do so many things, for so many people.*

Organic Hemp Seed

Hemp seeds are one of the best sources of a complete plant-based protein and GLA and have a wide variety of health benefits, including their ability to improve heart health, stimulate digestion, build muscle mass, eliminate insomnia, treat anemia, and aid in weight loss. They also help to stimulate metabolic activity, boost the immune system, reduce symptoms of menopause and menstruation, improve skin and hair health, and build stronger bones. And no, Hemp seeds are NOT from the Marijuana plant and it's impossible to get high from them, nor will you fail a drug test!



Aquamin

A bioavailable, multi-mineral complex from marine red algae. Aquamin® is an excellent source of calcium, a good source of magnesium, and has more than 70 additional trace minerals. Research indicates that it may support proper bone mineralization, and may regulate key factors involved in the normal immune response to typical, everyday joint usage.* In clinical studies Aquamin® is shown to help support joint comfort and mobility.* A vegetarian-friendly vitamin D-2 is added to this formula to further support bone health.



Organic Spirulina

Spirulina is blue-green algae with a perfect spiral shape. This spiral shape is the reason for the name Spirulina. Spirulina is easily digestible, lowers cholesterol levels, prevents mercury poisoning, it has immunomodulatory properties, increases red blood cell counts, and has anti-cancer potential. It has anti-inflammatory properties; helps to control bronchial asthma; protects liver cells from toxin damage and lots more! Spirulina has 6X the protein found in eggs! It is also one of the highest forms of B-12 from a non-animal source. It also cuts sugar cravings and helps a lot with weight loss. Mother's milk is the only better source of GLA and believe it or not, Spirulina contains 25X's more carotene than carrots! No wonder it is one of God's SUPERFOODS!



Sunflower Lecithin Powder

Sunflower lecithin is very good for the heart and will help you reduce your cholesterol, and it improves blood circulation and helps to prevent blood clots. It repairs, strengthens and helps to produce brain and nerve cells, thereby improving study, focus and memory. Sunflower lecithin also helps to reduce fat buildup in the liver, thereby reducing your chance of coming down with type 2 diabetes, cirrhosis and even liver cancer. It contains phosphatidylcholine, a POWERFUL antioxidant, helping to prevent heart disease, cancer and premature aging. It also helps keep blood pressure in the normal range. Healthy nerve function is another benefit of Sunflower lecithin. It also increases the speed that your wounds heal. It lubricates your joints, improves arthritis and joint pain. Sunflower lecithin is FREE FROM ESTROGEN. Soy-Free & Non-GMO.



~ INGREDIENTS ~

Organic Inulin Powder

Is your Colon Happy or Angry?

Inulin, a fructooligosaccharide (FOS), is a soluble prebiotic fiber that is resistant to digestion and reaches the large intestine essentially intact.* Intestinal probiotic bacteria consume Inulin and in turn, produce the short-chain fatty acids that nourish the cells lining the colon.* Inulin thus helps to maintain intestinal health and function.* Inulin has a pleasant flavor that adds a mild sweetness to foods and drinks, but has a very low glycemic index and will not negatively impact serum glucose levels.

Organic Golden Flaxseed Meal

Benefits of Organic Golden Flaxseed Meal are: Lowers blood cholesterol levels; Gluten Free; Lowered high blood pressure; increased energy, vitality, and stamina; Increased sense of calmness under stress; Reduced threat of blood clots; Protection against cancers, particularly hormone sensitive cancers such as breast and prostate; Better regulation of blood sugar levels; Eases inflammatory tissue conditions, including arthritis; Alleviation of dry skin, eczema and psoriasis; Enhanced immune system; Increased metabolic rate with a positive impact on weight management; Helps with Attention Deficit Disorder (ADD); Natural laxative.



Organic Chlorella Powder

Chlorella is a single-celled, green freshwater algae. It is 50-60% protein and a complete protein at that! It binds to heavy metals and aids in detox. It also helps in lowering cholesterol. Chlorella helps lower blood pressure, prevents arteries from hardening, and helps to lower blood sugar. The antioxidants in Chlorella help improve asthma and other respiratory diseases. Chlorella is known for promoting eye health, liver health, improving digestion and relieving PMS.

Organic Raw Maca Root

Maca is a medicinal plant grown high in the mountains of Peru. Maca root powder is high in carbs and rich in a number of nutrients, including vitamin C, copper and iron. It also contains many bioactive plant compounds. Maca increases libido in both men and women. Maca can increase sperm production and improve sperm quality, thereby enhancing fertility in men. And in women, Maca can improve symptoms of menopause, including hot flashes and disrupted sleep at night. It may improve your mental well-being and mood by reducing depression and anxiety, especially in menopausal women. Another thing it is known for is improving exercise performance during endurance events. Maca can also improve your learning ability and your memory.



Elderberry Extract Powder

Elderberry Extract has been found to reduce the length and severity of symptoms caused by the influenza virus. Studies in animals show that Elderberry Extract benefits the heart, reduces cholesterol, uric acid and blood sugar levels. It also shows promise to fight cancer and bacteria, help with UV protection and has a natural diuretic effect. It's a very good source of Vitamin C, Fiber and Antioxidants.



Silymarin Extract Powder

Each serving contains 300 mgs of Silymarin (Milk Thistle) extract. Silymarin is known for improving liver function ~ it is the best known herbal liver rejuvenator and helpful in all liver diseases. It also helps to decrease acne lesions, and lower blood sugar levels in people with type 2 diabetes.



Acerola Extract Powder

Acerola Extract, made from the fruit of the cherry tree, helps to boost your immune system to better fight illness and disease.



Organic Stevia Extract Powder

Stevia lowers insulin and glucose levels and has zero calories. It also lowers cholesterol and triglycerides. It is a wonderful herb that we use to sweeten our Better Than Greens!



Pure Natural Vanilla Flavor ~ No Alcohol



ROESCH'S
New and Improved!
**BETTER
THAN
GREENS**